

Volvo V40 Front ARB, Poly Bush Replacement

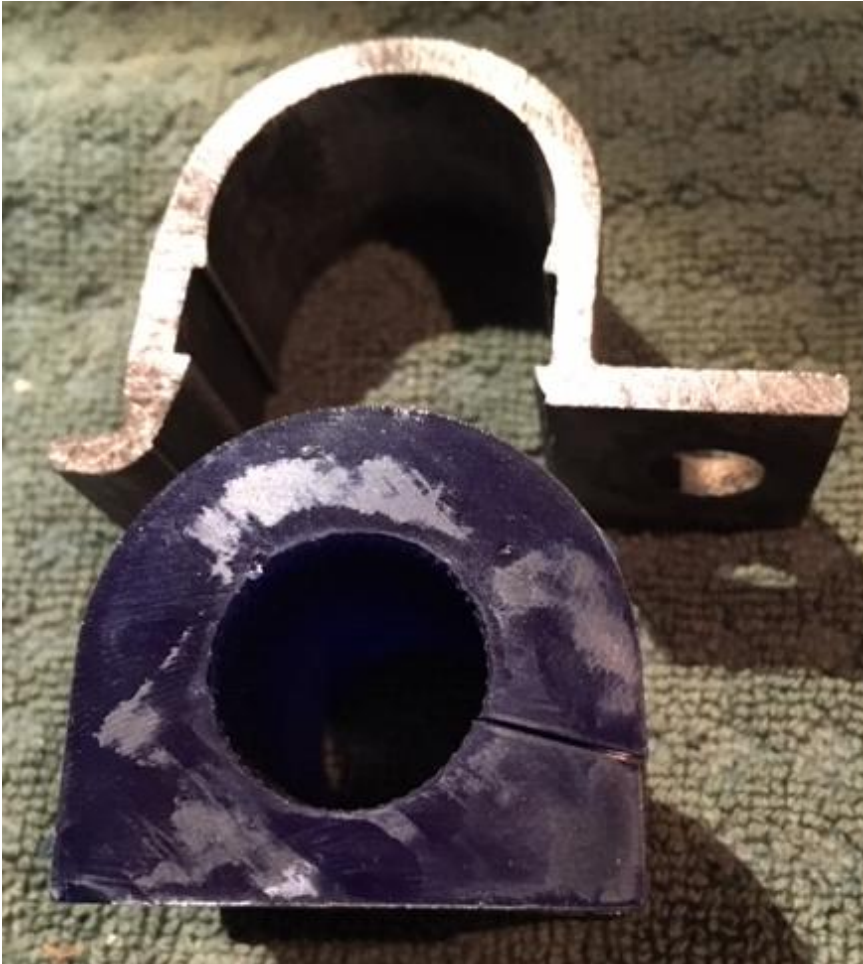
Old (tired) rubber bushes.



Rubber bushing removed by cutting most out with a junior hacksaw and then baking the bracket in an oven until the remaining rubber was brittle and able to be removed with a blade and finally cleaned up with emery cloth.



Poly Bush ready for installation, with the split of the bush visible



Poly Bush fitted into the bracket to ensure correct size



Poly Bush fitted, but even with the extra bottom plate (latest bush design from Volvo), the bush didn't appear to be closed up enough at the rear.



Additional shims were used to press the rear of the bush up to close the gap.

